

Dr. Sally Diane, LMFT
Licensed Marriage and Family Therapist
PO BOX 6055
La Quinta, Ca. 92248-6055
(760) 777-1577
(760) 777-1557 fax

INTAKE FORM

Personal Information

Name: _____ Date: _____
Parent/Legal Guardian (if under 18): _____
Address: _____
Home Phone: _____ May we leave a message? Yes No
Cell/Work/Other Phone: _____ May we leave a message? Yes No
Email: _____ May we leave a message? Yes No
**Please note: Email correspondence is not considered to be a confidential medium of communication.*
DOB: _____ Age: _____ Gender: _____
Marital Status:
 Never Married Domestic Partnership Married
 Separated Divorced Widowed

Referred By (if any): _____

History

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?

No Yes, previous therapist/practitioner: _____

Are you currently taking any prescription medication? Yes No
If yes, please list:

Have you ever been prescribed psychiatric medication? Yes No
If yes, please list and provide dates:

General and Mental Health Information

1. How would you rate your current physical health? (Please circle one)

Poor Unsatisfactory Satisfactory Good Very good

Please list any specific health problems you are currently experiencing: _____

2. How would you rate your current sleeping habits? (Please circle one)

Poor Unsatisfactory Satisfactory Good Very good

Please list any specific sleep problems you are currently experiencing:

3. How many times per week do you generally exercise? _____

What types of exercise do you participate in? _____

4. Please list any difficulties you experience with your appetite or eating problems: _____

5. Are you currently experiencing overwhelming sadness, grief or depression? No Yes

If yes, for approximately how long? _____

6. Are you currently experiencing anxiety, panics attacks or have any phobias? No Yes

If yes, when did you begin experiencing this? _____

7. Are you currently experiencing any chronic pain? No Yes

If yes, please describe: _____

8. Do you drink alcohol more than once a week? No Yes

9. How often do you engage in recreational drug use?

Daily Weekly Monthly Infrequently Never

10. Are you currently in a romantic relationship? No Yes

If yes, for how long? _____

On a scale of 1-10 (with 1 being poor and 10 being exceptional), how would you rate your relationship?

11. What significant life changes or stressful events have you experienced recently? _____

Family Mental Health History

In the section below, identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (e.g. father, grandmother, uncle, etc.)

	Please Circle	List Family Member
Alcohol/Substance Abuse	yes / no	_____
Anxiety	yes / no	_____
Depression	yes / no	_____
Domestic Violence	yes / no	_____
Eating Disorders	yes / no	_____
Obesity	yes / no	_____
Obsessive Compulsive Behavior	yes / no	_____
Schizophrenia	yes / no	_____
Suicide Attempts	yes / no	_____

Additional Information

1. Are you currently employed? No Yes

If yes, what is your current employment situation? _____

Do you enjoy your work? Is there anything stressful about your current work? _____

2. Do you consider yourself to be spiritual or religious? No Yes

If yes, describe your faith or belief: _____

3. What do you consider to be some of your strengths? _____

4. What do you consider to be some of your weaknesses? _____

5. What would you like to accomplish out of your time in therapy? _____

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CANCELLATION POLICY

If you fail to cancel a scheduled appointment, we cannot use this time for another client

A \$25.00 fee is charged for missed appointments or cancellations with less than a 24-hour notice unless it is due to illness or an emergency. A bill will be mailed directly to all clients who do not show up for, or cancel an appointment. * Insurance cannot be billed for a missed appointment.

Thank you for your consideration regarding this important matter.

Client Signature (Client's Parent/Guardian if under 18)

Today's Date

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MEDICAL INSURANCE VERIFICATION FORM

PATIENT NAME: _____

PATIENT ADDRESS: _____

CITY, STATE & ZIP _____

SEX: MALE _____ FEMALE _____ DATE OF BIRTH _____

SSN _____ TELEPHONE _____

PATIENT STATUS (check what applies): SINGLE _____ MARRIED _____ OTHER: _____

EMPLOYED _____ STUDENT _____ RETIRED _____ OTHER _____

PATIENT RELATIONSHIP TO INSURED: _____

INSURED'S NAME: _____ SEX: M F

ADDRESS: _____

CITY, STATE & ZIP: _____

INSURED'S DATE OF BIRTH _____ TELEPHONE _____

INSURANCE COMPANY NAME: _____

ADDRESS: _____

CITY, STATE & ZIP: _____ INSURANCE PHONE _____

INSURED'S I.D. NUMBER: _____

INDURED'S POLICY#, GROUP# OR FECA NUMBER: _____

EMPLOYER'S NAME OR SCHOOL _____

HAVE YOU CALLED YOUR INSURANCE COMPANY TO OBTAIN AUTHORIZATION (IF NECESSARY?) YES _____ NO _____ AUTHORIZATION# _____

IS THERE ANOTHER HEALTH BENEFIT PLAN?: _____

PATIENTS SIGNATURE: _____

*PLEASE PROVIDE INSURANCE CARD FOR COPY TO BE MADE. THANK YOU.

